



2009 Millard Public Schools Pre-Participation Sports Physicals

Sponsored By:

Alegent Health Sports Medicine
and
Lakeside Orthopedics

Date and Times

Saturday, June 13, 2009 9:00am-12:00pm**

(Appointments: 9:00, 9:30, 10:00, 10:30, 11:00, 11:30)
(30 athletes maximum per 30 minute time slot)

If all time slots become filled with the maximum number of athletes prior to the examination date, we will extend the end time and registration may be completed as directed below

Location

Lakeside Wellness Center
16940 Lakeside Hills Plaza
Omaha, NE 68130

**Parking is available in front of the Wellness Center

Cost

\$20 per athlete

Cash or Check accepted, and payment will be collected at Check-in
(Checks can be made to Alegent Health Sports Medicine)

Registration

You may register one of two ways:

1. Online at www.alegent.com/millard
2. By phone at 1-800-ALEAGENT (1-800-253-4368)

Registration Code: "MPS09"

(You MUST use this code when registering by phone)

***There are two Pre-Participation Physical Forms (found on the registration website) that must be filled out completely and brought with you to your examination time**

Registration will close on Friday, June 12th at 5:00pm

For additional information contact Ashley Rasmussen, Sports Medicine Coordinator
at 402-690-4434 or ashley.rasmussen@alegent.org



1-800-ALEAGENT

1-800-253-4368

Alegent.com/sportsmedicine